

# 2023-2024 Weekly Class Schedule

<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
Little Ninjas 5:45 pm - 6:30 pm	Little Ninjas 5:45 pm - 6:30 pm	Little Ninjas 5:45 pm - 6:30 pm	Little Ninjas 5:45 pm - 6:30 pm		Little Ninjas 10:00 am - 10:50 am
Introductory 6:30 pm - 7:15 pm	Introductory 6:30 pm - 7:15 pm	Introductory 6:30 pm - 7:15 pm	Introductory to Kick Boxing 6:30 pm - 7:30 pm		Introductory & Intermediate 11:00 am - 11:55 am
Introductory 7:15 pm - 8:00 pm	Introductory 7:15 pm - 8:00 pm	Introductory 7:15 pm - 8:00 pm	Kick Boxing - Grappling - Self Defence For Intermediate, Leaders & BBC  7:30 pm - 9:00 pm	Elite Training or Belt Testing 6:00 pm - 9:00 pm	Leadership & Black Belt Club 11:00 am - 12:30
Intermediate 8:00 pm - 9:00 pm	Intermediate 8:00 pm - 9:00 pm	Intermediate 8:00 pm - 9:00 pm			Seminars or Elite Training 12:00 - 2:00 pm
Leadership & Black Belt Club 9:00 pm - 9:30 pm	Leadership & Black Belt Club 9:00 pm - 9:30 pm	Leadership & Black Belt Club 9:00 pm - 9:30 pm			Belt Testing 10:00 am - 3:00 pm

**Note:** The academy is closed during Statutory Holidays and Christmas Holidays.

All make up classes (Stat Holidays & missed class) and students registered for a 3rd class must be done on Saturdays.