

2025-2026 Weekly Class Schedule

| Mondays | Tuesdays | Wednesdays | Thursdays | Fridays | Saturdays |
|---|---|---|---|---|---|
| Little Ninjas 5:45 pm – 6:30 pm | Little Ninjas 5:45 pm – 6:30 pm | Little Ninjas 5:45 pm – 6:30 pm | Little Ninjas 5:45 pm – 6:30 pm | | |
| Introductory 6:30 pm – 7:15 pm | Introductory 6:30 pm – 7:15 pm | Introductory 6:30 pm – 7:15 pm | Introductory to Kick Boxing 6:30 pm – 7:30 pm | | Introductory & Intermediate 11:00 am – 12:00 pm Leadership & Black Belt Club 11:00 am – 12:30 pm |
| Intermediate 7:15 pm – 8:00 pm Leadership & Black Belt Club 7:15 pm - 8:45 pm | Intermediate 7:15 pm – 8:00 pm Leadership & Black Belt Club 7:15 pm - 8:45 pm | Intermediate 7:15 pm – 8:00 pm Leadership & Black Belt Club 7:15 pm - 8:45 pm | | Elite Training or Belt Testing 6:00 pm – 9:00 pm | Seminars or Elite Training 12:00 pm – 2:00 pm |
| | | | | | Belt Testing 10:00 am – 3:00 pm |
| | | | | | |

Note: The academy is closed during Statutory Holidays and Christmas Holidays.

All make up classes (Stat Holidays & missed class) and students registered for a 3rd class must be done on Saturdays.